



Karate clubs VSK VSB – TU Ostrava and KARATE TYGR SHOTOKAN

cordially invite you to the 7th year of the international KARATE competition

OSTRAVA GRAND PRIX 2008

Date: Saturday, 25th October 2008
 Venue: Sport hall at Ostrava – Polanka, Heleny Salichove 1275 street, The Czech Republic
 Organizers: Karate VSK VSB – TU Ostrava (www.karatevsb.cz)
 KARATE TYGR SHOTOKAN (www.karatetygr.cz)
 General Director of the competition: Vladimír Ryska (5th Dan) (mobile: +420 604 539 662)
 Organizational Director: Blanka Musalkova (mobile: + 420 608 822 821)
 Financial Director: Michal Geller (mobile: +420 603 982 003)
 Chief referees: for competition KATA : Karel Kesl (7th Dan)
 for competition KUMITE : Ing. Jiri Lovecky (5th Dan)
 Other referees: provided under CSKe in conjunction with SMSKe
 Doctor: provided under organizer

Entry fee: 200 CZK (8 EURO / 250 SKK / 28 PLN) per individual (participation of an individual in all disciplines except for the teams is to be paid by a single fee)
 400 CZK (16 EURO / 500 SKK / 56 PLN) for a kata team or a kumite team.
 If you pay the participation fee in a foreign currency, the change shall be returned in Czech korunas.

Program:	08:00 – 09:30 am.....	check of lists of contestants – KATA
	09:30 – 12:30 am.....	elimination contests – KATA
	11:00 – 12:00 am.....	check of lists of contestants – KUMITE
	12:30 – 14:00 am.....	ceremonial opening, final - KATA
	14:00 – 19:00 am.....	contests – KUMITE

The organizer reserves the right to modify the time schedule according to the development of the competition and in the interest of its smooth course, if necessary.

CATEGORY:

KATA - individual

A 1.....Younger boys up to 7.kyu.....up to 11 years
 A 2.....Younger boys from 6.kyu.....up to 11 years
 A 3.....Younger girls up to 7.kyu.....up to 11 years
 A 4.....Younger girls from 6.kyu.....up to 11 years
 A 5.....Older boys 12 - 13 years
 A 6.....Older girls 12 - 13 years
 A 7.....Cadets male 14 - 15 years
 A 8.....Cadets female 14 - 15 years
 A 9.....Juniors male 16 - 17 years
 A 10...Juniors female 16 - 17 years

A 11.. Seniors male..... 16+ years
 A 12.. Seniors female..... 16+ years

KATA -TEAMS

B 1 – Kata teams boys 7 - 13 years
 B 2 – Kata teams girls 7 - 13 years
 B 3 – Kata teams juniors male 14 - 15 years
 B 4 – Kata teams juniors female..... 14 - 15 years
 B 5 – Kata teams seniors male..... 16+ years
 B 6 – Kata teams seniors female..... 16+ years

KUMITE - individual

C 1 Younger boys (7 - 11 years).....	-30 kg
C 2 Younger boys (7 - 11 years).....	-35 kg
C 3 Younger boys (7 - 11 years).....	-41 kg
C 4 Younger boys (7 - 11 years).....	+41 kg
C 5 Younger girls (7 - 11 years).....	-35 kg
C 6 Younger girls (7 - 11 years).....	+35 kg
C 7 Older boys (12 - 13 years).....	-39 kg
C 8 Older boys (12 - 13 years).....	-45 kg
C 9 Older boys (12 - 13 years).....	-52 kg
C 10... Older boys (12 - 13 years).....	-60 kg
C 11... Older boys (12 - 13 years).....	+60 kg
C 12... Older girls (12 - 13 years).....	-42 kg
C 13... Older girls (12 - 13 years).....	-50 kg
C 14... Older girls (12 - 13 years).....	+50 kg
C 15... Cadets male (14 - 15 years).....	-52 kg
C 16... Cadets male (14 - 15 years).....	-57 kg
C 17... Cadets male (14 - 15 years).....	-63 kg
C 18... Cadets male (14 - 15 years).....	-70 kg
C 19... Cadets male (14 - 15 years).....	+70 kg
C 20... Cadets female (14 - 15 years).....	-47 kg
C 21... Cadets female (14 - 15 years).....	-54 kg
C 22... Cadets female (14 - 15 years).....	+54 kg
C 23... Juniors male (16 - 17 years).....	-55 kg
C 24... Juniors male (16 - 17 years).....	-61 kg
C 25... Juniors male (16 - 17 years).....	-68 kg
C 26... Juniors male (16 - 17 years).....	-76 kg
C 27... Juniors male (16 - 17 years).....	+76 kg
C 28... Juniors female (16 - 17 years).....	-48 kg
C 29... Juniors female (16 - 17 years).....	-53 kg
C 30... Juniors female (16 - 17 years).....	-59 kg
C 31... Juniors female (16 - 17 years).....	+59 kg
C 32... Seniors male (18+ years).....	-60 kg
C 33... Seniors male (18+ years).....	-67 kg
C 34... Seniors male (18+ years).....	-75 kg
C 35... Seniors male (18+ years).....	-84 kg
C 36... Seniors male (18+ years).....	+84 kg
C 37... Seniors male (18+ years).....	multi-weight (OPEN)
C 38... Seniors female (18+ years).....	-50 kg
C 39... Seniors female (18+ years).....	-55 kg
C 40... Seniors female (18+ years).....	-61 kg
C 41... Seniors female (18+ years).....	-68 kg
C 42... Seniors female (18+ years).....	+68 kg

RULES OF COMPETITION :

- The competition shall be organized according to WKF rules and these instructions.
- Each contestant can start only in one category with the exception of the categories KATA juniors and KATA seniors
- Contestant can start either in his/her age category (age category in the day of the tournament) or qualifying category (age category in the period of Czech National Championship Youth: 7.12.2008, Czech National Championship Cadets and Juniors: 6.12.2008). There is no need „alternative start“ for the start in the qualifying category.
- Order, in which contestants compete within their relevant categories, shall be generated by the random number method.
- A contest in a category shall start, if there are at least 4 contestants in it. In case of lower number of participants, the organizer reserves the right to either join categories or cancel the category in question.
- In each category with more than 3 contestants, two third places shall be announced. The main referee shall take decision about a possible repechage, short repechage or determination of ranking without a repechage before starting the discipline in question.
- Contestants must wear a KARATE-GI or sportswear with names of their respective clubs on the victory rostrum.

Detailed rules for KATA contest

- The competition is held for the styles of Shotokan – Ryu, Goju – Ryu, Shito – Ryu and Wado – Ryu.
- A kata team shall be allocated into a category according to its oldest contestant.
- In the categories up to the 7th kyu - younger girls/boys (i.e. A 1, A 3) kata may be repeated. In these categories also Taikyoku kata (Shotokan style), or possibly Fukyu kata (Goju ryu style) etc. are allowed.
- Contestants in the categories from the 6th kyu - younger - girls/boys (A2 and A4) may repeat a kata maximally one time in an alternating way (it is not allowed to repeat the kata two times consecutively).
- Unless the main referee decides otherwise, Other contestants shall perform a different kata from the WKF list according to their choice in each round and they are not allowed to repeat it.
- In the final kata teams contests, bunkai is a part of the group exercise.
- Results of the KATA competition shall be announced after finishing the final contests, within the tournament ceremonial opening.

Detailed rules for KUMITE contest

- Confirmation of medical check not older than 12 months is a precondition for participation in the competition.
- Unless the main referee decides otherwise, a contest in the younger boys/girls category shall last 60", in older boys/girls categories 90" and in other categories 120" .
- All the Contestants must use gumshields, hand pads and girl cadets, juniors and seniors must wear female chest protector,. Younger boys must wear groin guards (jock strap). There are mandatory combined shin and foot pads (so called boots) for the categories Cadets male and female and for higher categories. Contestants must ensure red and blue distinguishing belts for themselves and hand pads (AO, AKA).
- Each contestant may start only in one category in each discipline with the exception of the senior category C 37 (open) in which also the contestants participating in the KUMITE in other senior categories i.e. C 32 – C 36 may take part.
- In KUMITE discipline the winners shall be decorated on an ongoing basis.

Prizes for winners: Cup (1st place), medals, certificate, material prize from sponsors of the competition.

Protests: To be lodged with the chief referee after paying the protest fee of 300 CZK (10 €, 370 SKK, 42 PLN). Change from foreign currency payment shall be returned in Czech korunas. In case of an illegitimate protest, the fee is not returned.

REGISTRATION OF CONTESTANTS

- Only registered contestants may participate in the competition. They have to send a duly filled in application forms (lists of contestants), by 20th October 2008, 4.00 pm at the latest, via e-mail to fr.saidl@seznam.cz or by post to the address Fr.Saidl, H.Salichove 901, 725 25 Ostrava-Polanka, Czech Republic. After expiration of the registration deadline, the order of contestants in starting lists shall be drawn. After this, the preliminary „starting keys“ will be announced on the tournament website www.karatetygr.cz/vco
- On the competition day, only lists of registered contestants shall be checked. A coach shall receive, at the place intended for payment of the participation fee, a printed list of contestants of their club, they shall correct wrong or outdated data and shall pay the participation fee for all contestants of their club who applied for the tournament. The participation fee may be paid separately during registration for KATA and KUMITE categories.
- Before the KUMITE competition, during the registration, all contestants shall be weighed and validity of their medical examination shall be checked.
- Contestants, for whom the participation fee is not paid on time, shall be deleted from the list of contestants.

ORGANIZATIONAL AND TECHNICAL CONDITIONS OF THE CONTEST

The sport hall in Ostrava – Polanka nad Odrou, by Helena Salichova Elementary school was inaugurated in 2004..The sport hall itself is equipped with superior quality dressing rooms with sanitary facilities and high quality technical background. There will be a buffet available in the hall, offering a various offer of beverages and foods. In the case of interest it is possible to use services of the school canteen which will be open for this purpose during the contest (see below). There is a football stadium with a restaurant in the vicinity of the sport hall as well as a lot of green together with walking paths.

The contest will take place on 4 tatamis. The contestants will be allowed to warm themselves up in the warm-up room or in gymnasium of the elementary school.

How to Get to the to the Sports Hall :

By car:

If you take the road No. 47 from Prague which goes through Odry, Fulnek and Bilovec, in Klimkovice on the 3rd crossroads turn right, direction Polanka, (Attention! The turning is circa 10 m from the previous crossroads) and go on along 1.května street. After circa 3 km turn left on the crossroads which is located circa 300 m behind a shopping centre Hruska and Elementary school. After 100 m while you go up you will get to another crossroads. On this crossroads keep following the signs of the main road. You are on Helena Salichova street. The last building of the street is the sport hall (see photo).

If you decide to turn to a new part of motorway behind Bilovec and take a ride on the new motorway with the longest tunnel in the Czech republic, after exit Klimkovice turn right and on the following crossroads turn left. Behind the bridge turn right and after 1 km behind the bend there is a crossroads. Go straight on along the church. After 300 m there is another crossroads where you turn left (you can see hotel Ben opposite) and go on along Helena Salichova street right to the hall

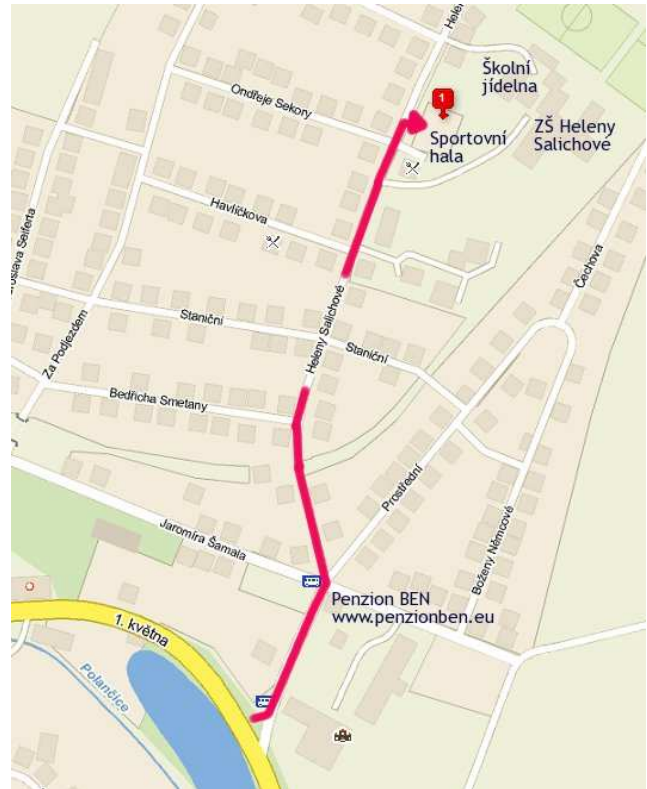


If you take the road No. E 462 from Prague which goes through Novy Jicin, turn right at Pribor, direction Ostrava (road No. 58). Before village Stara ves nad Ondrejnicí turn left and on the 2nd crossroads turn left again, direction Stara Bela. Turn left in Proskovice (Stara Bela village), direction Polanka. Then you go on along 1.kvetna street. You turn to Helena Salichova street in Horni Polanka.

To park your cars you can use not only car park next to the hall but even the car park in th front of the Elementary school.

By train:

Get off the train in Ostrava-Svinov railway station. Take a public bus: No. 46 direction Polanka (departures 7:25, 7:55, 8:55, 9:25, 9:55 and then at regular intervals 25. and 55. min.). Get off on Horni Polanka bus stop. Then walk up to Helena Salichova street right to the hall (see map).



ACCOMMODATION:

- Accommodation for the participants is **free of charge** and will be provided on the premises of the Elementary School of Helena Salichova, which is located in the vicinity of the sports hall. Vacated classrooms, refurbished sanitary facilities and also a gymnasium, which can be used for training, will be available.
- You can arrive on Friday afternoon or Friday evening and stay for the night from Friday to Saturday or also from Saturday to Sunday. Accommodated participants are required to bring thier own mats and blankets (sleeping bags).
- Meals will be also available for the accommodated participants. The price of the full board in the school canteen (breakfast, lunch and dinner) is CZK 170. You can also order a separate breakfast (CZK 50), lunch (CZK 60) or dinner (CZK 60). Tournament participants who will not be accommodated can also order the meals under the same conditions.
- The organizers will prepare in case of interest an entertaining program for the participants who will stay for the night from Saturday to Sunday (a discotheque or other event according to the participants' requirements).
- Use of the accommodation and board is pre-conditioned by sending a filled in order by 17th October 2008 at the latest, preferably via e-mail to fr.saidl@seznam.cz or by post to Fr.Saidl, H.Salichove 901, 725 25 Ostrava-Polanka, Czech Republic. It is necessary to make payment for the accommodation and board 3 days before the start of the contest at the latest on the account No. 157434173/0600, variable symbol will be specified by applicant in relevant form, there is supposed to be a name of the club in the note for the account payee.
- Each participant may also organize their own accommodation, e.g. in the BEN boarding house, which is located near the sports hall (Jaromira Samala 1276, 725 25 Ostrava – Polanka nad Odrou, recepce@penzion.eu, tel.: +420 603 543 585, www.penzionben.eu)

You can find more detailed information on this tournament and its previous years on the tournament's official website:

www.karatetygr.cz/vco/en



KARATE TYGR SHOTOKAN

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